

## PARENTING PERFORMANCE AGREEMENT

Date: \_\_\_\_\_

Client Name: \_\_\_\_\_

Children and Their Ages: \_\_\_\_\_

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I understand that parenting time involves hard work and active participation on my part. I further understand there are no guarantees as to the legal results in my case. Based on my love for my child(ren), I will comply to the best of my abilities with the following terms (and I authorize a copy of this Agreement to be shared with the other parent):

- I will educate myself on parenting:
  - I will take a parenting course (visit the [www.educationprograms.com](http://www.educationprograms.com) website to register for a class in person or to take the online course)
  - I will join a parents' support group.
  - I will read parenting books (see list of recommended reading on our website under the "For Clients" tab)
  
- I will get to know my child(ren)'s teachers and caregivers:
  - I will schedule parent-teacher conferences.
  - I will check in periodically with teachers.
  - I will volunteer for school events.
  - I will have lunch with my child(ren) at school.
  - I will schedule conferences with the school counselor.
  
- I will know all the facts surrounding my child(ren):
  - Who are my child(ren)'s friends?
  - What are my child(ren)'s favorite foods?
  - What is my child(ren)'s clothes size(s)?
  - Who are my child(ren)'s doctors and dentist?
  - What are my child(ren)'s medical conditions?
  - What are my child(ren)'s medications?
  - What school(s) my child(ren) attend.
  - Who are my child(ren)'s teachers?
  - What are my child(ren)'s favorite subjects?
  - What are my child(ren)'s grades?
  - What are my child(ren)'s disciplinary record?
  - What are my child(ren)'s extracurricular activities?
  - What are my child(ren)'s hobbies?
  
- I will prepare nutritious, home-cooked meals for my child(ren).

- I will maintain a consistent routine for my child(ren) [i.e., a set time for meals, bedtime, etc.]
- I will protect my child(ren) from the litigation:
  - I will not discuss the case with my child(ren).
  - I will not show my child(ren) any of the documents in this case.
  - I will not discuss child support with my child(ren).
- I will not speak negatively about the other parent or allow anyone else to speak negatively about the other parent in my child(ren)'s presence.
- I will not allow the other parent to pull me into negative confrontations in the presence of my child(ren).
- I will keep a journal, calendar or diary to record dates and times of parenting, telephone and computer contact, and significant interactions with the other parent.
- I will be consistent with my contact with my child(ren)
  - I will not rely heavily on babysitters, grandparents or other relatives unless I absolutely cannot care for our child(ren)[such as when I have to work].
  - I will offer the other parent first choice for timesharing.
  - I will not cancel my parenting time unless there are extreme, compelling reasons.
  - I will use available technology to supplement my face-to-face parenting time (see article on parenting technology)
- I will transfer my child(ren) to the other parent bathed and groomed, fed, with appropriate clothing and with medications, if applicable.
- I will offer the other parent extra time with our child(ren).
- I will accept extra time with our child(ren).
- I will be prompt for all pick-ups and deliveries of our child(ren).
- I will be courteous and prompt regarding payment of child support.
- I will be courteous regarding receiving payment of child support.
- I will encourage good feelings between my child(ren) and the other parent:
  - I will help my child(ren) purchase cards and gifts for the other parent.
  - I will tell my child(ren) how much the other parent loves them.
  - I will help my child(ren) telephone the other parent regularly.
  - I will talk positively about any plans between my child(ren) and the other parent.

- I will keep the other parent duly informed:
  - I will provide copies of records to the other parent [i.e., report cards, doctor’s notes, school function notices, etc.]
  - I will provide photographs, drawings, etc., on a regular basis.
  - I will keep a calendar of the children’s activities and regularly provide a copy to the other parent (see article on parenting technology)
  
- I will keep all communication with the other parent professional and business like.
  - I will always let the other parent know when I’ve received their message.
  - I will keep the other parent informed, verbally and in writing, as to my current address and telephone number.
  
- I will not consume or allow others to consume “excessive amounts” of alcohol or any non-prescribed drugs when our child(ren) is in my care.
  
- I will not allow our child(ren) to call anyone else “Mom” or “Dad”.
  
- I will work towards presenting a unified front (with me and the other parent) regarding discipline and upbringing of our child(ren).

I agree to comply with the foregoing terms to the best of my ability. I understand that failure to comply could hurt my case and may serve as a basis for Grossman Law & Conflict Management to withdraw as my counsel.

DATED: \_\_\_\_\_

\_\_\_\_\_  
Client’s Signature

